LISTEN FIRST
When you were a baby, you had to listen to people talking before you could do it for yourself. It’s the same with thinking. People in your group will have different thoughts and beliefs. Hearing what they think first will help you work out what you think.

TALK ABOUT IDEAS, NOT PEOPLE
Being polite is more than just saying ‘please’ and ‘thank you.’ When you want to reply to someone, try to see their idea as different from them. So say “I disagree with Lucy’s idea” rather than “I disagree with Lucy.” This helps us argue about the answers, rather than argue with each other!

IT’S FINE TO THINK DIFFERENTLY!
It’s normal to have different ideas to your friends, family or teachers. You might even go for lunch and still be on different sides of a debate! Instead of feeling this is a problem, be happy that you can talk about something without having to think the same thing.

IF YOU DON’T KNOW, DON’T WORRY
Sometimes it’s good to ‘not know’ something. You might not know the answer to something about the news. Don’t be afraid to ask your teacher. Sometimes they won’t know either, so you’ll have the chance to find out the answer. Also, you might be unsure about what you think about something. When this happens, think about why you cannot make up your mind, and tell the group about that.

SHARE HOW YOU’RE FEELING
The news has to tell us about what is really happening in the world, so sometimes this can make us feel a bit scared or worried. If this happens, share how you feel with a grown-up, don’t keep it inside.